



Recording.m4a

Be sure to Listen to the recording above of Psalm 6 by Christi Swing

Psalm 6 (ASV)

¹ O Jehovah, rebuke me not in thine anger,
Neither chasten me in thy hot displeasure.
² Have mercy upon me, O Jehovah; for I am withered away:
O Jehovah, heal me; for my bones are troubled.
³ My soul also is sore troubled:
And thou, O Jehovah, how long?
⁴ Return, O Jehovah, deliver my soul:
Save me for thy lovingkindness' sake.
⁵ For in death there is no remembrance of thee:
In Sheol who shall give thee thanks?
⁶ I am weary with my groaning;
Every night make I my bed to swim;
I water my couch with my tears.
⁷ Mine eye wasteth away because of grief;
It waxeth old because of all mine adversaries.
⁸ Depart from me, all ye workers of iniquity;
For Jehovah hath heard the voice of my weeping.
⁹ Jehovah hath heard my supplication;
Jehovah will receive my prayer.
¹⁰ All mine enemies shall be put to shame and sore troubled:
They shall turn back, they shall be put to shame suddenly.
Study the Psalm and fill in the categories as Scripture reveals.

God will:

I am:

After God's Own Heart

I will:

Wicked will:

Prayer

Dear Jehovah,

In your unfailing love, hear my cries for mercy. Heal my bones and soul. Turn my enemies away from me and make me strong in you. Yahweh, I also pray that You will bring peace into a world of hate and violence. Remind us through Your Holy Spirit to pray for and love those who harm us, and equip us to do this, as it is not always an easy task. In Jesus' holy name. Amen.

Reflection

Research the name Jehovah. What does it mean and what was the general practice of the Jews when reading this name?

Has there been a time when you cried through the night? Did you call out to God? If so, what happened, how did He comfort you? If not, who or what did you reach out to? What would you do in the future?

How do people you know handle dealing with their enemies?

Response

<https://www.gotquestions.org/names-of-God.html>

Since my guest responded in a similar manner to me, I included her response instead of mine and elected to include the above link to some of the other names of God. I hope you enjoy it.

Guest Response

"Psalm 6 reminds us that God's ear is never closed to His children. David cries, 'Have mercy on me, Lord, for I am faint' (v.2). How often do we bring our pain and weakness to the Lord instead of carrying it alone? Sometimes it takes hitting

rock bottom to realize that the only way forward is on our knees. We live in a world filled with evil, with enemies that seem to press in from every side. But God is our refuge. Only He can restore our weary hearts and silence the enemies around us. David began in tears but ended in confidence: 'The Lord has heard my cry for mercy' (v.9). That same assurance is ours today—He hears, He restores, He delivers. Where in your life do you need to cry out to Him today?"

~Christi Swing

Christi and her husband live in North Carolina. She has a grown daughter and a grandson. She is a dedicated high school teacher and dear friend.

Reminder

I would love to hear from you! Use the "Contact" page under "More" to submit your response about how God moved you in this passage. If you grant permission in your response, I may post it on the main page of the website for the following week. If you don't want it posted, that's okay too. I will keep it private. Thank you, and I pray you are blessed in amazing ways.