Psalm 7 (ASV)

Shiggaion of David, which he sang unto Jehovah, concerning the words of Cush a Benjamite.

1 O Jehovah my God, in thee do I take refuge:
Save me from all them that pursue me, and deliver me,
2 Lest they tear my soul like a lion,
Rending it in pieces, while there is none to deliver.
3 O Jehovah my God, if I have done this;
If there be iniquity in my hands;
4 If I have rewarded evil unto him that was at peace with me
(Yea, I have delivered him that without cause was mine adversary;)
5 Let the enemy pursue my soul, and overtake it;
Yea, let him tread my life down to the earth,
And lay my glory in the dust. *Selah*
6 Arise, O Jehovah, in thine anger;
Lift up thyself against the rage of mine adversaries,
And awake for me; thou hast commanded judgment.
7 And let the congregation of the peoples compass thee about;
And over them return thou on high.
8 Jehovah ministereth judgment to the peoples:
Judge me, O Jehovah, according to my righteousness, and to mine integrity that is in me.
9 Oh let the wickedness of the wicked come to an end, but establish thou the righteous:
For the righteous God trieth the minds and hearts.
10 My shield is with God,
Who saveth the upright in heart.
11 God is a righteous judge,
Yea, a God that hath indignation every day.
12 If a man turn not, he will whet his sword;
He hath bent his bow, and made it ready;
13 He hath also prepared for him the instruments of death;
He maketh his arrows fiery *shafts*.
14 Behold, he travaileth with iniquity;
Yea, he hath conceived mischief, and brought forth falsehood.
15 He hath made a pit, and digged it,
And is fallen into the ditch which he made.
16 His mischief shall return upon his own head,
And his violence shall come down upon his own pate.

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[17] I will give thanks unto Jehovah according to his righteousness,
And will sing praise to the name of Jehovah Most High.

Study the Psalm and fill in the categories as Scripture reveals.

God is:

God will:

I am:

I will:

Wicked/Pursuers will:

Assembled people will:

Prayer

Most High God,
My pursuers wish to tear me to pieces and destroy me. Judge my actions and theirs. Search our minds and hearts and respond in accordance with your righteousness. Accepts my praise and song of gratitude, for you are my God. In Jesus' name. Amen.

Reflection

2 Timothy 4:18 (ASV) The *Lord will deliver me from every evil work and will save me unto his heavenly kingdom: to whom be the glory forever and ever. Amen.* How is this Scripture related to Psalm 7?

Has there been a time when your actions or words were misjudged negatively? How did you handle it? Did you trust God as your shield?

Describe a current local or world situation you are aware of where Christians are being pursued or mistreated? Write a prayer for them.

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I have included and highlighted in blue below, a link to "Raise a Hallejuah" – Bethel Music

Raise a Hallelujah ~ Bethel Music

Response

In this prayer, David pleads with God to wipe his slate clean and to deal with his adversaries. I find myself echoing that same prayer often. In verse 9, David cries out, "Let the wickedness of the wicked come to an end." As I write these words on Monday, September 29, 2025, my heart is heavy with the weight of so many recent acts of violence and evil—church shootings, sanctuaries burned, the assassination of a faithful servant and patriot, Charlie Kirk, the brutal murder of Iryna Zarutska, the plague of human trafficking, and the ongoing destruction of unborn lives. And this has all taken place in less than a month.

My spirit is grieved, and I plead with God to see these things and rise up to vindicate His people, making His Presence undeniable even to those who persist in hardening their hearts against Him. I pray fervently that they will turn to Him and abandon evil before the day of reckoning arrives, for it is nearer than we think. My soul weeps for all who are lost.

Join me in prayer. Let us fall on our knees in urgent intercession—praying for salvation for the lost, for strength for the faithful, and for courage to stand. At the same time, let us rejoice for those already gathered into the arms of Jesus, awaiting the day when heaven and earth will be made new.

Guest Response

Psalm 7

For years, I protected my Bibles and did not write in them. In 1982, I received a new Bible from my husband, and it became my go-to Bible. I started to write dates of verses I read in private, during sermons, and at significant times in my life. On July 8, 2000, I searched for spiritual guidance during a troubling time and found Psalm 7: 1, "Deliver me from all who pursue me…"; verse 9, "O righteous God, who searches minds and hearts, bring to an end the violence of the wicked …" Notations on the same day also show Ps 5: 4-6, 8, and thankfulness in Ps 9:1,2. I reread Chapter 7 in 2016, and in Jan 2018 and June 2022 went back to Psalm 7: 15, "He who digs a hole and scoops it out falls into the pit he has made." King David wrote Psalms when he was distraught—my favorite Book for similar times in my life.

~Lynda A. Stear

Lynda Stoy Stear lives in SC with her husband Bill. She wrote and published Hunchback Angel this year (available on Amazon) and also writes poetry. As a retired nurse, she has a treasure trove of experience writing medical articles which have been published in various nursing journals. She is VP of Word Weavers Coastal Carolina's Chapter. Learn more at https://livingseasonsministry.com/

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Reminder

I would love to hear from you! Use the "Contact" page under "More" to submit your response about how God moved you in this passage. If you grant permission in your response, I may post it on the main page of the website for the following week. If you don't want it posted, that's okay too. I will keep it private. Thank you, and I pray you are blessed in amazing ways.

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