



read Psalm 4 -
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[Video of Psalm 4 – Lisa Pritchard](#)

Psalm 4 (ASV)

¹ Answer me when I call, O God of my righteousness;
Thou hast set me at large *when I was* in distress:
Have mercy upon me, and hear my prayer.

² O ye sons of men, how long shall my glory be turned into dishonor?
How long will ye love vanity, and seek after falsehood? *Selah*

³ But know that Jehovah hath set apart for himself him that is godly:
Jehovah will hear when I call unto him.

⁴ Stand in awe, and sin not:
Commune with your own heart upon your bed, and be still. *Selah*

⁵ Offer the sacrifices of righteousness,
And put your trust in Jehovah.

⁶ Many there are that say, Who will show us *any* good?
Jehovah, lift thou up the light of thy countenance upon us.

⁷ Thou hast put gladness in my heart,
More than *they have* when their grain and their new wine are increased.

⁸ In peace will I both lay me down and sleep;
For thou, Jehovah, alone makest me dwell in safety.

Study the Psalm and fill in the categories as Scripture reveals.

God will:

I will:

Enemies/men will:

Prayer

Dear Father God,
Keep my heart tuned in to you and set me apart for yourself. Prevent my tongue from speaking falsehoods about anyone. When I call out, deliver peaceful sleep for me, and allow me to dwell in safety. In Jesus' name. Amen.

Reflection

Is God hearing your prayers? Record a Scripture here (not from Psalms) that says God hears our prayers.

How do you demonstrate your trust in God?

David believed someone (maybe Absalom, his son) was lying about him. Do you see or hear about those who defame others in our current world? What do you think their motivations are for that? How does a Christian respond?

Response

David was confident in God's protection for him against his enemies, and I pray that I will always exude that same faith in the Lord. In our current world, communication with others is as easy as reaching into your pocket or purse to pull out an electronic device or ask Alexa. The person we are trying to reach is not always available when we need help, but God is always available. He always hears us when we call out to Him.

Guest Response --from Jan Comfort for Week 1 – Psalm 2 – Reflection answers and prayer. THANK YOU, JAN!

1. How do I feel blessed by God as my refuge? I tend to seek refuge most when I am hurting. I suspect it is the same for many others. I need to learn to take refuge all the time. I need be thankful for all that I have been given instead of focusing on what I have lost. I have been truly blessed by God. I have a wonderful family, a host of wonderful friends, financial security (if I'm careful) and a beautiful home. I have an abundant life. At. The. Beach.
3. How does the past compare to today? There are very few differences in the rules from the past vs. today. The tools/weapons are different, more sophisticated. But truly no different.

My Prayer

God, teach us to respect your power by loving our brothers and sisters and showing them the blessing of your refuge. Help us to turn away from hate, violence, and fear, and turn toward You, the God of love. In the name of the Father and the Son and the Holy Spirit, Amen.

Jan Comfort

Reminder

I would love to hear from you! Use the "Contact" page under "More" to submit your response about how God moved you in this passage. If you grant permission in your response, I may post it on the main page of the website for the following week. If you don't want it posted, that's okay too. I will keep it private. Thank you, and I pray you are blessed in amazing ways.